



The Counselor Connection

OCTOBER 2021

This month's character trait: INDIVIDUALITY

So what is it?

Individuality is the qualities or the characteristics that make one person different from all others.

Why is it Important?

Individuality is important because if we were all the same, doing the same things, this world would be a very boring place. There is a place for everyone's ideas, thoughts, and personality and you should embrace everything that makes you YOU!

How can you show Individuality?

- Do not be afraid but be PROUD to be yourself!

- Have your own style (clothing, shoes, accessories) and don't just wear something because someone else does.
- Like yourself for who you are and make a list of all the things that make you spectacular!
- Share your feelings and opinions (in a respectful way) without being worried about what others will think!
- Get involved in a sport or hobby that YOU like and not just one that your friends tell you to play or join - do what YOU enjoy!
- Listen to the music that you like to (as long as you have your parents' permission)

October at a Glance

Vocabulary Parade - Check your teacher's announcement page for details!

VOCABULARY PARADE

Be sure to check out our [Red Ribbon Week lessons](#) this month and our other activities listed below!



We're here to help!



O: 407-513-3699
rpinkman@flvs.net
Serving counties Alachua through Hardee, alphabetically, plus Hillsborough.



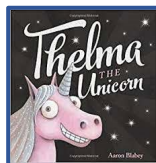
O: 407-513-3613
nminger@flvs.net
Serving counties Hendry through Orange, alphabetically, except Hillsborough.



O: 407-513-3524
krohr@flvs.net
Serving counties Osceola through Washington, alphabetically.

Embrace your individuality. Love what you love without worrying about judgement.

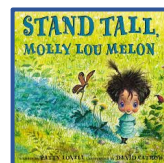
Check out these books!



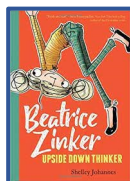
Thelma the Unicorn

By: Aaron Blabey

Stand Tall, Molly Lou Melon



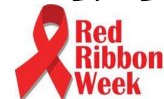
By: Patty Lovell



Beatrice Zinker, Upside Down Thinker

By: Shelley Johannes

Please join your FLVS Flex Family for these fun daily activities to help celebrate Red Ribbon Week from October 25th-29th



Mon: **Drug Free Looks Like Me!**

- Create a poster with this year's theme and submit to nminger@flvs.net. Please include your name and grade level. See if you are chosen to be featured in our Nov newsletter!

Tues: **Put Drugs to Rest!**

- Wear your pajamas to class time

Wed: **Live Life Right Write!**

- Write a poem or short story about how you plan to stay drug free and live life right!

Thurs: **Say BOO to Drugs!**

- Wear your costume to class time

Fri: **Check out our Red Ribbon Week webinars [here!](#)**