Counselor's Corner



Florida Virtual School Flex Elementary Strengthening The Home School Connection

Mrs. Rohr and Mrs. Pinkman

March 2020

Cooperation: Working Together



Cooperation is about working together and helping others. When kids cooperate, they have more positive social interactions and are better able to make and keep friends. Parents and teachers can help their children develop the skills needed for a lifetime of positive social connections.

Overall, cooperation is an important skill that children will use throughout their lifetimes. Kids who cooperate get along better at home, at school, and with peers. Parents and teachers can help children cooperate by talking

about, modeling, and encouraging this valuable skill. Teaching children how to cooperate early really sets them up for long-term success with friendships and more!

Here are some tips for cultivating cooperativeness in children:

- Schedule at least one household chore at a time when all members of the family can work together to finish.
- Initiate a fun project that involves all family members (a garden, jigsaw puzzle, homemade pizza, etc.).
- Catch your child cooperating (or attempting to cooperate) and verbally encourage them. Praise their positive behavior!

- Inspire children to see the bigger picture. What is something small that they can do that will make a difference?
- During dinner time remind each other how cooperation in the family keeps things running smoothly. Children can help cook, set the table, or wash dishes.
- Make it a point to thank family members for their cooperative spirits.



School Success Tips:

Take some time to celebrate your child's social, emotional, and academic accomplishments.

Remind students to challenge themselves to work beyond their weekly required assignments.

Help your child to set three achievable goals for segment 2. Write them down and praise your child as they take steps toward these goals.



Helpful Links

Teaching Kids the Basics of cooperation

Tips on Helping Your Child Learn to Cooperate

12 Group Activities: Cooperation

cooperation

Dinner Discussions: Food, Fun, and Conversations!

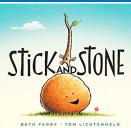
In the hustle and bustle of our world today, children desperately need an outlet where they can hear and be heard from those who love and care for them. It is important that children have this opportunity to communicate their thoughts and feelings. One of the best places to connect with your child and foster the idea of communication is the dinner table.

As you sit down at the table, make sure to make your time together meaningful and full of memories! Take turns sharing about your day. What was the best part of your day? What was the worst part and why?

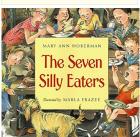
Then, make sure to share something that was unexpected and made you smile. How did you brighten someone else's day?

If you are unable to have dinner together, you still can find many opportunities during your day for sharing. Have some memorable conversations:

- During breakfast
- In the car
- As part of your bedtime routine
- Playing a board game, taking a walk, or while playing a game outside



Suggested Literature







Mrs. Rohr School Counselor krohr@flvs.net 407-513-3524 Grades K-2



Mrs. Pinkman School Counselor rpinkman@flvs.net 407-513-3699 Grades 3-5